





**SPORT**

## Yoga Ayurveda retreat with Annette Huber

**DATES** 06.03.2026 – 08.03.2026**ADDRESS** Seestrasse 52  
6353 Weggis  
Switzerland**CONTACT** +41 41 392 27 27  
 mail@roessli.ch  
 buy tickets

## Yoga Ayurveda retreat with Annette Huber

Yoga and Ayurveda accompany Annette as a way of life far beyond the mat.

In this often hectic world, nothing is more holistic and centering for her than yoga and the type-appropriate impulses of Ayurveda. As an experienced yoga teacher, Ayurveda coach and yoga therapist, Annette guides people with a lot of heart and mindfulness on their path to inner balance, health, well-being and joie de vivre. In this retreat, you can expect a beneficial combination of movement, conscious breathing and Ayurvedic recommendations - for a fresh, powerful start to spring. You can find more information about Annette Huber at [www.annettehuber.ch](http://www.annettehuber.ch)