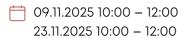


DIES & DAS

Meditative hike



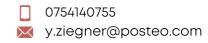
DATES



ADDRESS



CONTACT



Meditative hike

Guided hike through the Rigi autumn forest

Take in the green of the trees, listen to the birdsong, feel your steps on the earth and perceive the scents of nature. With simple physical and perceptual exercises, this hike offers you the chance to reconnect with the earth, the cosmos and yourself.